

MEDICINAL FLOWERS

Introduction

For several centuries, medical practitioners have long acknowledged the therapeutic properties of certain flowers. More than just spanning time, this knowledge also spans many cultures around the world. One of the greatest advantages is that flowers and plants offer completely natural medicinal properties, often without the scary side effects that modern pills and medications bring on. Furthermore, remedies made from flowers can be much cheaper than drugs marketed by pharmaceutical companies.

In the Modern age of herbal medicine, one of the main ingredients for their medicines are plants, flowers, seeds or root. There is a big list of flowering plants used in herbalism or in herbal medicine to treat human diseases.

Medicinal properties derived from plants can come from many different parts of a plant including **leaves, roots, bark, fruit, seeds, flowers**. The different parts of plants can contain different active ingredients within one plant. Thus, one part of the plant could be toxic while another portion of the same plant could be harmless.

We value beauty for its own sake, yet many colorful flowers have much to offer beyond their good looks. Well, medicinal flowers can cure anything from rashes, to "funny tummys" or even to calm anxiety, being 100% natural, they also can be much cheaper to use in pharmaceuticals.

To learn more about using MEDICINAL FLOWERS for home remedies a humble attempt has been made to portray it through POSTCARDS



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Bibliography: 1 Charaka Samhita
2 Medicinal Plants by S.G. Joshi



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Rose flower or Rosaceae is certified to be antiseptic, anti-oxidant and is a rich source of vitamin A, B3, C, D and E. It gives soothing effect in depression, relaxes the tension of nerves. It's Tea helps in the secretion of bile juices and helps in proper cleansing of the gall bladder, works as a miracle in treating fevers and various bronchial infections and promotes blood circulation.



MEDICINAL FLOWERS

Rose flower



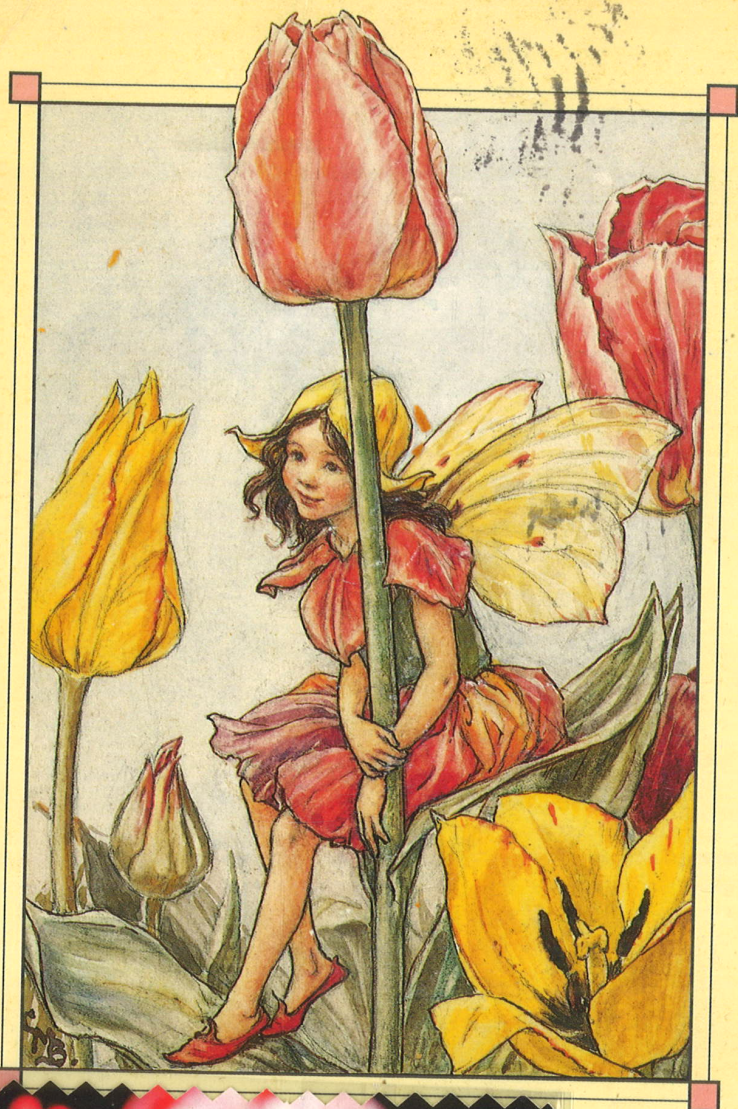
MEDICINAL FLOWERS

Rose flower



MEDICINAL FLOWERS

Tulips (Tulipa) used as remedy for Cough & Cold, Reduces risk of cancer, Used for sinus pain, hay fever and headache, excellent poultice for insect bites, bee stings, burns, and rashes on the skin, as it gave quick relief with a soothing effect.



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Hypericum maculatum herb is used in the traditional Austrian medicine internally as tea or oil extract, for treatment of disorders of the skin, locomotor system, nervous system, gastrointestinal tract, respiratory tract, kidneys and urinary tract, cardiovascular system, infections, rheumatism and gout.



SUNFLOWER - Consuming a brew made from sunflowers helps greatly with ulcers and menstrual cramps, for sore throats.. Rich in nutrients as in magnesium, potassium, zinc, and iron, sunflower seeds improve cardiovascular health, digestion and brain function.



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SUNFLOWER



MEDICINAL FLOWERS

The black hellebore or Lenten Rose is used by the greeks. Although poisonous it has substantial curative effects especially for mental disorders.

Opium poppy, is dried latex obtained from the seed capsules of the opium poppy *Papaver somniferum*. poppy seed is used to treat asthma, constipation, cough, diarrhea caused by infection, difficulty sleeping, and to diagnose a condition called vesicoenteric fistula. In foods, poppy seed is used to make cakes, pastries, filling, glaze, or porridge.

Iris germanica or bearded Iris is used for treating problems related to lungs, hoarseness, coughs, bronchitis and also chronic diarrhea. Peeled rhizomes of the plant are used to flavor confectionery, ice cream and baked goods.



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Aster aestivus...is recommended as an antispasmodic and alterative. Principally used in the cure of rheumatism in the form of infusion or tincture; recommended, in hysteria, epilepsy, spasms, irregular menstruation, etc. Decoction of the plant used in the treatment of weak skin.



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Winter flinge also called *Eranthis hyemalis* is used in homeopathy to treat fear, anxiety, and restlessness; acute sudden fever; coldness, and numbness; influenza or colds with congestion; and heavy, pulsating headaches.



Antioch Dunes or evening primrose, is an endangered subspecies of plant in the family Onagraceae, genus *Oenothera*, and species *Oenothera deltoides*. It has few medicinal properties.



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Poppy is a flowering plant in the subfamily Papaveroideae of the family Papaveraceae. Ancient Egyptian doctors would have their patients eat seeds from a poppy to relieve pain. Poppy seeds are rich in oil, carbohydrates, calcium and protein. Poppy oil is often used as cooking oil, salad dressing oil.

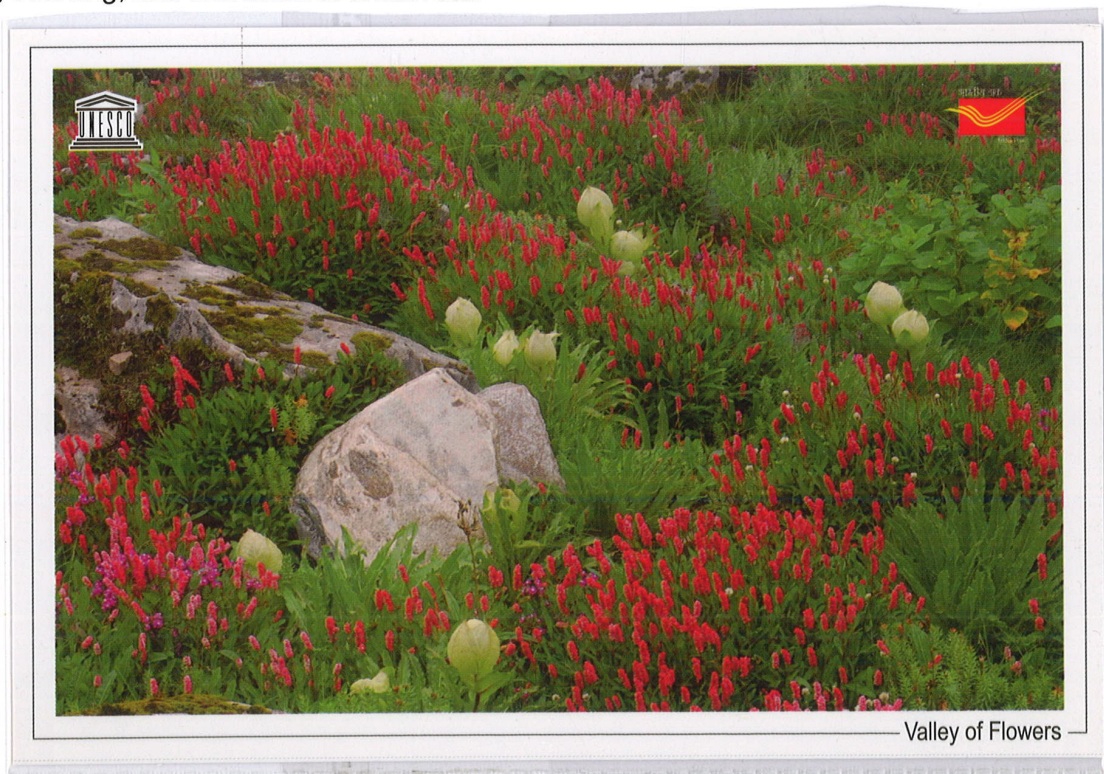


MEDICINAL FLOWERS

POPPY FLOWERS

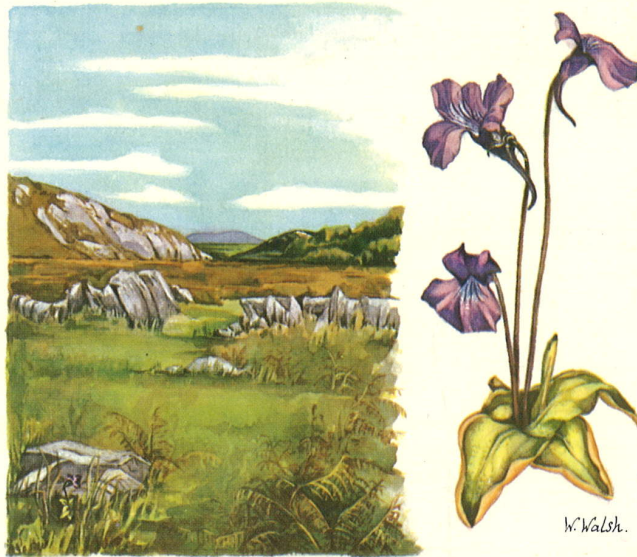


The white flowers in the Post card are **Brahmakamalam** or **Saussurea obvallata** native to the Himalayas. The entire plant is used in the Tibetan medicine. Used for chest pain (angina), fluid retention associated with weak heart function (heart failure), and as a heart stimulant, also used for bladder infections and other urinary tract problems, bleeding, and shortness of breath etc.



MEDICINAL FLOWERS

Pinguicula Grandiflora commonly known as the **Butterworts**, is a genus of carnivorous flowering plants in the family Lentibulariaceae. It is regarded to have antispasmodic, and wound-healing properties. Herbal tea made from the butterwort leaves used as a relief for a chronic cough, whooping cough, and other respiratory diseases



Greater Butterwort
PINGUICULA GRANDIFLORA
Near Killarney, County Kerry



MEDICINAL FLOWERS

Hortensia commonly called **Hydrangea**. The root and rhizome (underground stem) are used to make medicine, is used for urinary tract problems such as infections of the bladder, urethra and prostate; enlarged prostate; and kidney stones. It is also used for hay fever.



Hortensienblüte in Alt-Westerland

Uwe Steffens

ПОЧТОВАЯ КАРТОЧКА 12.04.2019
POST CARD

Hello,
My name is Tatiana. I live in Omsk. The most mystical place in the Omsk region is the zone of Five Lakes, Lake located in the Siberian taiga and are named Danilovo Linero, Shekuchye, Urnamay (Shaytan) and "Hidden. Lakes were formed many thousand of years ago as a result of falling to the Earth a huge meteorite. The water is pure in them, in its composition it is unique it contains silver ions and is able to heal. It is believed that the water in all bodies of water is divided into "living" and "dead". There is a belief: the one who can find the hidden lake and swim in all five lakes, will be healed from all diseases, will find wealth and perfect health. But you need to swim in a certain sequence. The fairy tale is near, it is only necessary to believe in it. Wish you all the magic and Happy Easter!

0222. Старые карманные часы
Old pocket watch. Matthew Benoit

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ПОЧТА РОССИИ
МОСКОВСКИЙ КРЕМЛЬ
10p
РОССИЯ RUSSIA 2009

МОСКОВСКИЙ КРЕМЛЬ
10p
РОССИЯ RUSSIA 2018
30p
ГОРТЕЗИЯ
GORTENZIYA

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Cistus from family Cistaceae found on dry or rocky soils throughout the Mediterranean region. It used to aid memory and to relieve many conditions, including anxiety, bad breath, common cold, cough, eye problems, fever, gum disease, headaches, heart problems, itching from insect bites, mouth ulcers, respiratory problems, skin infections, and stress.



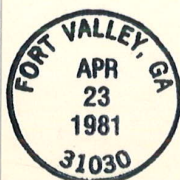
Colorano "Silk" Cachet



First Day of Issue



Camellia USA 18c



FIRST DAY OF ISSUE

Camellia: The flowers are astringent, antihaemorrhagic, haemostatic, salve and tonic. When mixed with sesame oil they are used in the treatment of burns and scalds. The **plant** has shown anticancer activity