

MEDICINAL FLOWERS

Erythronium or Dog tooth Violet of lily family has antibacterial, anti-inflammatory, lymphatic, wound healing and nerve properties. It is used for urinary tract conditions edema, chronic skin conditions, and stress-related conditions such as anxiety, insomnia and muscle tension.



Tiger Lily tea used to treat stomach issues and fevers and can help women during labor, used as an antidote for gout, added to wine to stimulate memory and focus. Also used to strengthen heartbeat and to reduce blood volume and blood pressure, used to treat skin ulcers, inflammation, burns and rashes as well. The roots used for ointment that aids in preventing the formation of scar tissue.



MEDICINAL FLOWERS

Turban Lily is used for heart problems including heart failure and irregular heartbeat. It is also used for urinary tract infections (UTIs), kidney stones, weak contractions in labor, epilepsy, fluid retention (edema), strokes and resulting paralysis, eye infections (conjunctivitis), and leprosy



Flame lily has many medicinal properties. The tuber has commonly been used as a suicidal agent among women in rural areas and it has also been used for homicide. The flowers are used in religious ceremonies. Flame lily also used as a tonic, anti-periodic, anti-helminthic, anthelmintic, and laxative.

MEDICINAL FLOWERS

Gazania flower is used in Anti-ageing, Beautiful Skin and Skin cleanser. Many plants are used for medicinal purposes



Clivia nobilis is a bulbous plant which develops a rhizome and forms a tight clump as new suckers are produced and the plant becomes larger. It is said that it has many medicinal properties

MEDICINAL FLOWERS

Dierama Pulcherrimum Some species of dierama are cultivated as ornamental plants. Certain species have been used in traditional African medicine and spiritual practices. It is used as an enema by the Sotho people and as a treatment for stomach problems.



Sarga Liliom Dried lilies are a rich source of fiber and also rich in sodium and carbs. Lily bulbs have proteins and starch and also small quantities of iron, calcium, phosphorous, and vitamins B1 B2 and Vitamin C. oil of the lily flower is used in aromatherapy to treat individuals suffering from depression



MEDICINAL FLOWERS

Crinum Camoanulatum known to be used medicinally by some groups of people in South Africa. It is perhaps better known for its use as a garden and container plant.



Moraea Reticulata commonly called the **Cape tulips**, Moraeas have iris-like flowers. The corms of some species have been used as food, however they are usually small and some species are unpleasant, and some are poisonous.

MEDICINAL FLOWERS

Couroupita guianensis,

commonly called **Cannonball tree**. leaves of this plant is used to treat skin diseases, to treat malaria, to disinfect wounds, toothache, to cure colds, hypertension, tumors and inflammation, as expectorant for bronchitis and chronic cough.



Platycodon grandiflorus commonly called Kikyo. The root contains saponins and is anti-asthmatic, astringent, carminative, expectorant, sedative, stomachic, tonic and vermifuge. It lowers blood sugar and cholesterol levels in the liver and inhibits the release of histamine.



MEDICINAL FLOWERS

Mustard plant is a plant species in the family Brassicaceae. Mustard seed is used as a spice... The seeds are pressed to make mustard oil, and the edible leaves eaten as mustard greens. It is used as a food flavoring, for forage, as an emetic, and diuretic, as well as a topical treatment for inflammatory conditions such as arthritis and rheumatism

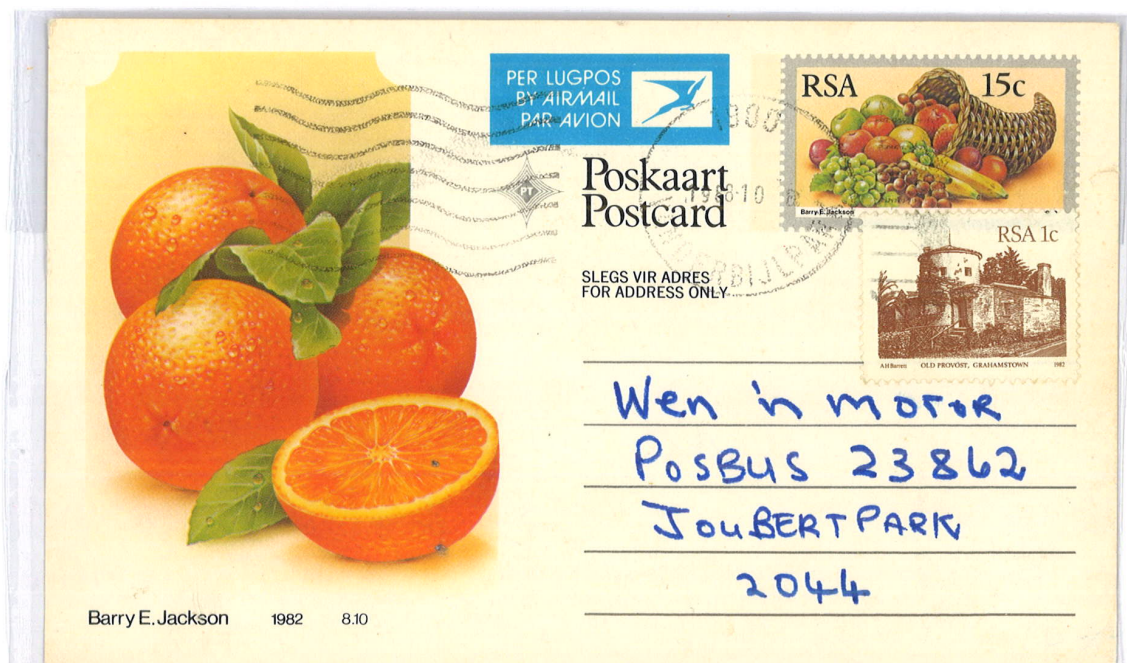
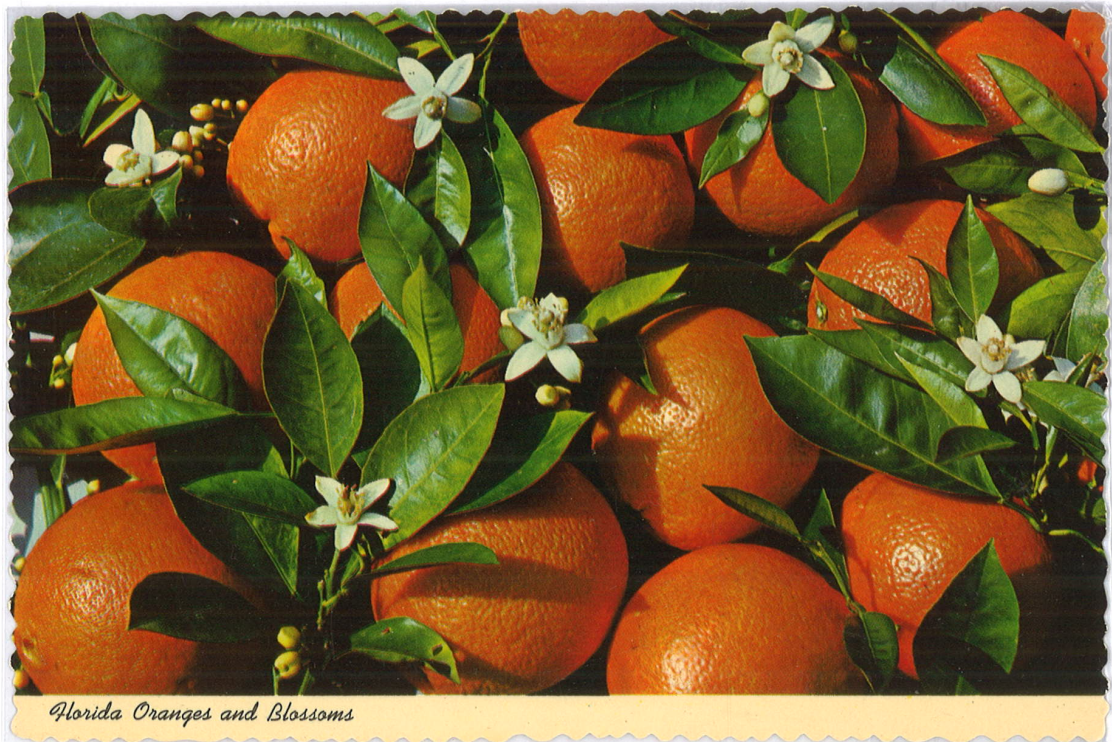


Plumbago Auriculata is used extensively as a magical plant and for treating wounds, skin disorders, and headaches. It is a popular eco-garden plant that attracts birds and butterflies.



MEDICINAL FLOWERS & FRUITS

Orange is the fruit of various citrus species in the family Rutaceae. One of the most widespread properties of **orange blossom** is to combat insomnia and menstrual cramps. This is due to its sedative and aromatic elements, allowing you to sleep more easily and even helping to relieve headaches. Its hypnotic and tranquilizing properties are also well known.



MEDICINAL FLOWERS & FRUITS

Apple is an edible fruit produced by an apple tree (*Malus domestica*). The presence of a variety of nutrients in apple makes it an amazing super fruit. Vitamins present in apple include vitamin A, niacin (vitamin B3), pantothenic acid (vitamin B5), pyridoxine (vitamin B6), folic acid (vitamin B9), vitamin C, vitamin E and vitamin K..The famous saying is '**AN APPLE A DAY KEEPS THE DOCTOR AWAY**'



Apodytes dimidiata or white Pear is the ideal tree for the home garden. This tree is valued by the Zulu nation in traditional medicine. An infusion from the root bark is used as an enema for intestinal parasites. The leaves are used in the treatment of ear inflammation



MEDICINAL FLOWERS & FRUITS

Mango is a stone fruit produced from numerous species of tropical trees belonging to the flowering plant genus *Mangifera*. In addition to being sumptuous, pulpy and amazing, mangoes pack a host of health benefits too. mangoes contain enzymes that aid the breakdown and digestion of protein, and also fibre, which keeps the digestive tract working efficiently. Dietary fibre helps lowering risk of heart disease, type 2 diabetes. Green mangoes have more pectin fibre than ripe mangoes.



VENDA
SUBTROPICAL FRUIT

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main.

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INDIA



I come from Shanghai. a beautiful city in
China. which is known as the magic city.
My most famous landmark building is
the Oriental pearl tower.



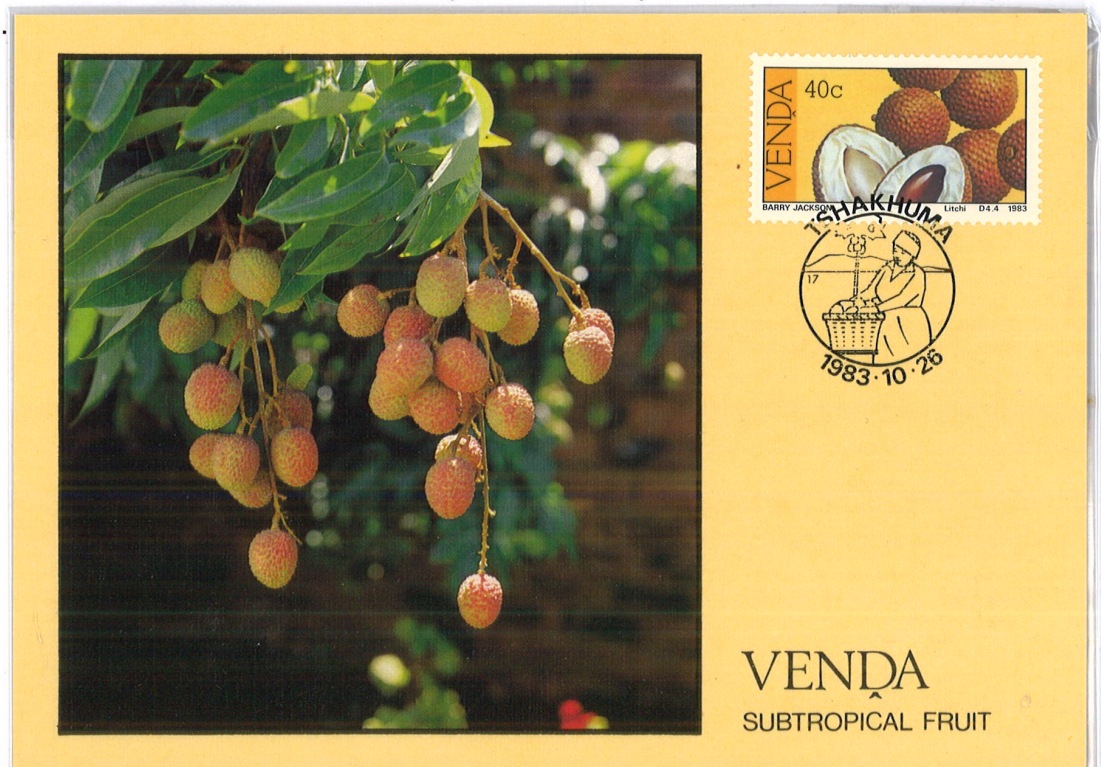
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MEDICINAL FLOWERS & FRUITS

The Pear tree and shrub are a species of genus *Pyrus* bearing the pomaceous fruit of the same name **Pear**. The health benefits of pears include it promotes gut health, have anti-inflammatory properties, offers anti cancer effects, lowers the risk of diabetes, boosts heart health, helps lose weight etc.

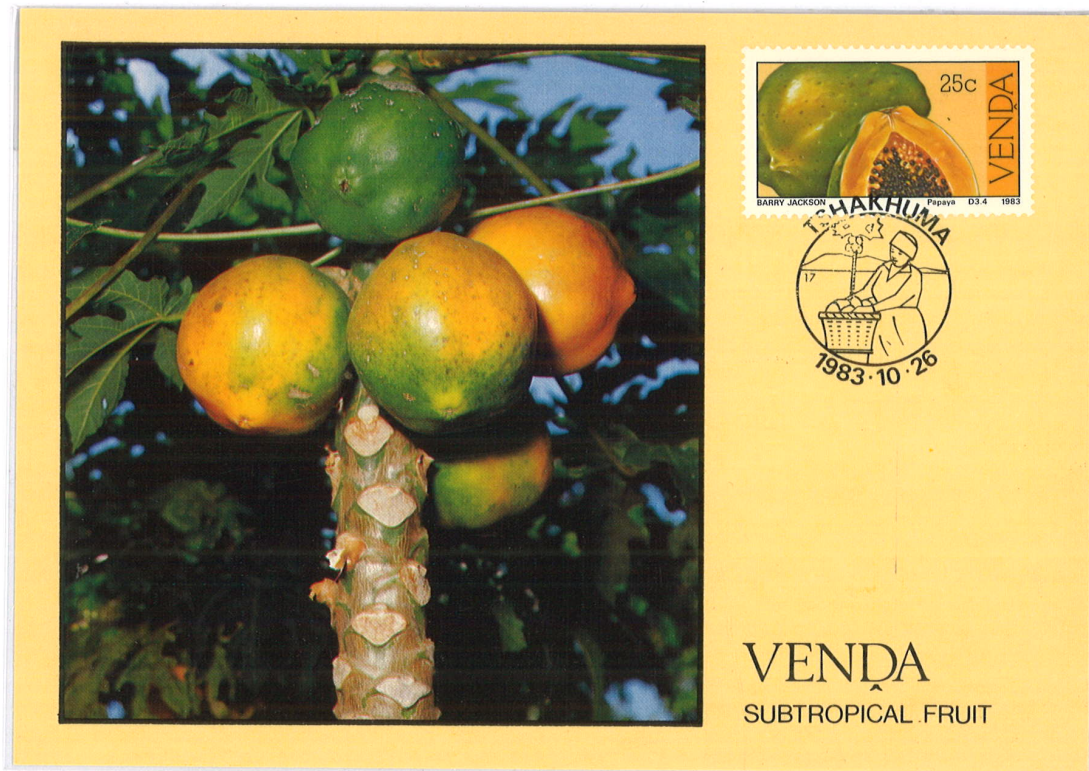


Litchi chinensis is the sole member of the genus **Litchi** in the soapberry family, it is a small fruit packed with healthy nutrients. It has rough skin outside while contains juicy flesh inside. It is used as medicine in China". It contains high amount of dietary fiber which proves best nutrient that promote cardiovascular health.



MEDICINAL FLOWERS & FRUITS

The papaya is a small, sparsely branched tree. Papayas are loaded with Vitamin A and antioxidants, which helps in improving eye health, Boosts Immunity, Helps in weight loss, good for kidneys, cardiovascular and diabetics.

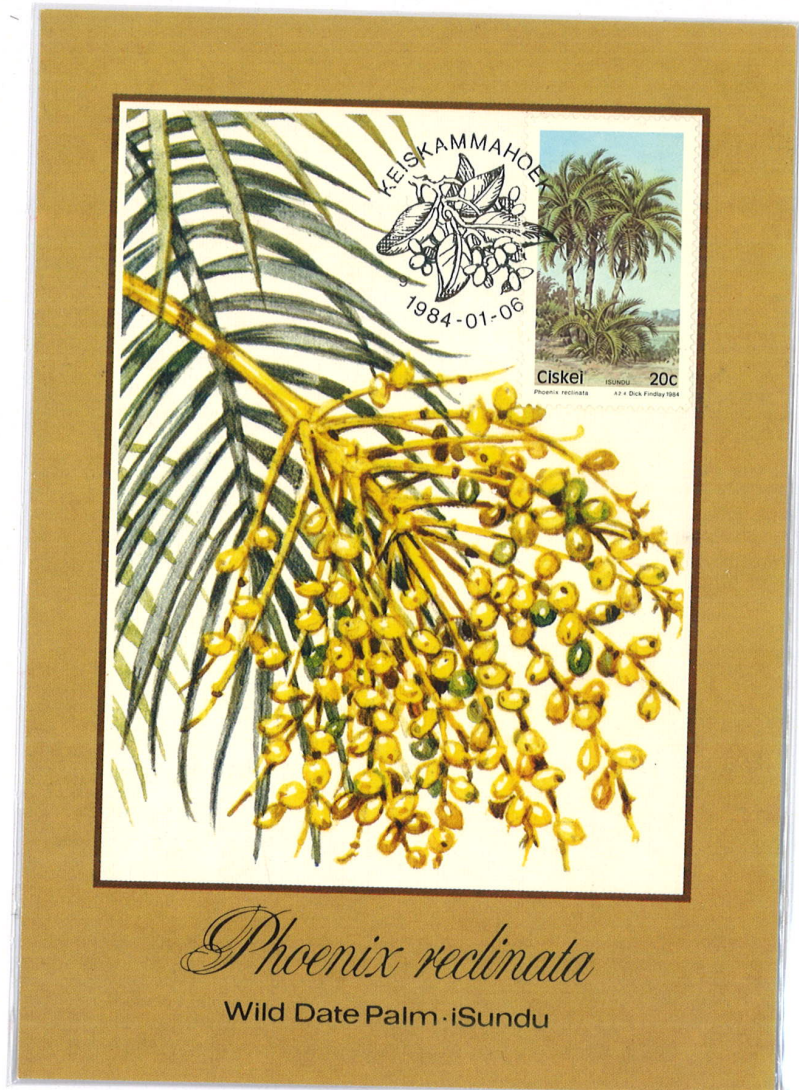


The **Pineapple** is a tropical plant with an edible fruit and the most economically significant plant in the family Bromeliaceae. It is loaded with nutrients, its Enzymes can Ease Digestion, Contains Disease-Fighting Antioxidants, help Reduce the Risk of Cancer, Boost Immunity and Suppress Inflammation.



MEDICINAL FLOWERS & FRUITS

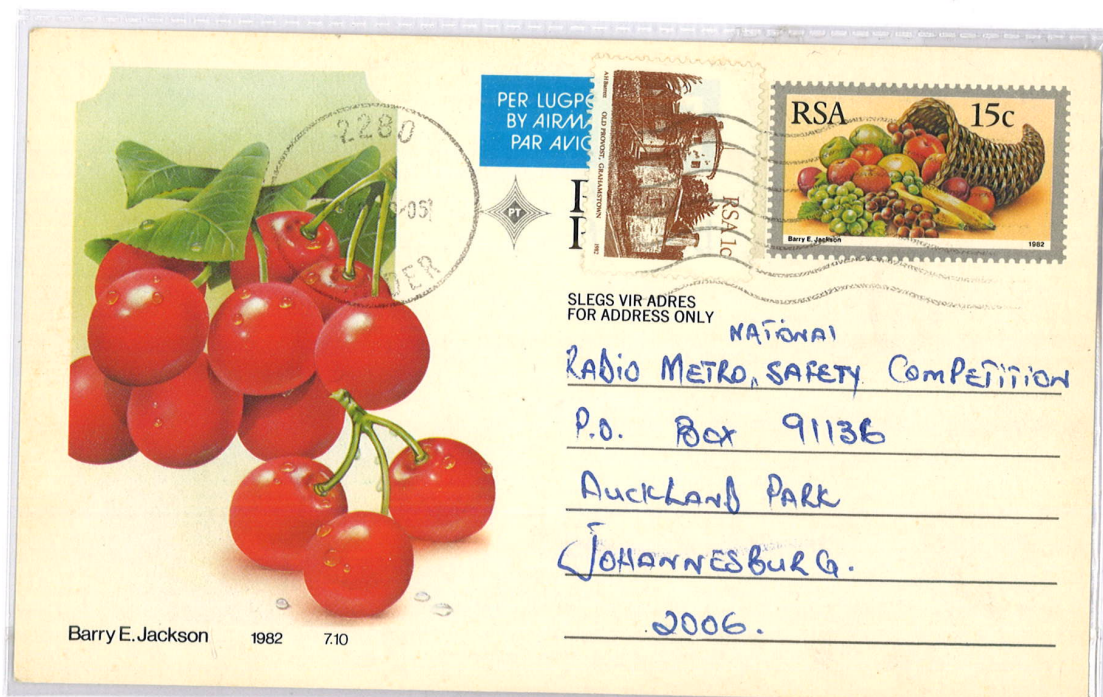
Phoenix dactylifera, commonly known as date or **date palm**, species of wild date palms. It has been considered as a traditional **medicine** to cure various ailments like abdominal complaints, fevers, loss of consciousness, constipation and in heart complaints.



Coconut water is rich in electrolytes, vitamins, and minerals. In traditional Ayurvedic medicine, it helps digestion, urination, and even semen production is used to treat dehydration.

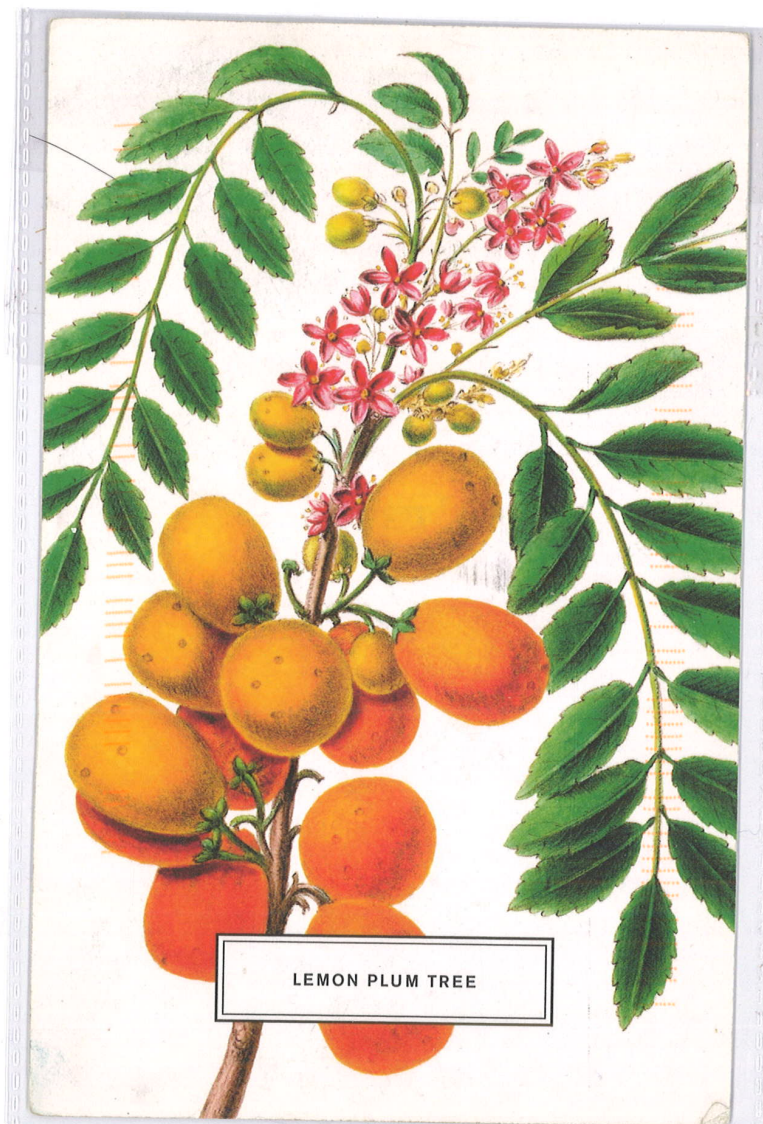
MEDICINAL FLOWERS & FRUITS

Prunus campanulata is a species of **Cherry**, native to Japan. The fruit of the sweet **Cherry** is used as food and **medicine**. Is used to prevent cancer and diseases of the heart and blood vessels (cardiovascular disease). It is also used to treat osteoarthritis and gout. In foods, sweet cherries are eaten as a food or flavoring.



MEDICINAL FLOWERS & FRUITS

Lemon plum is a small tree native to Asia that produces small fleshy fruits. The fruit, juice, and peel are used to make medicine. Lemon is used to treat scurvy, a condition caused by not having enough vitamin C., common cold and flu, H1N1 (swine) flu, ringing in the ears (tinnitus), Meniere's disease, stomach upset and vomiting from pregnancy, and kidney stones.



MEDICINAL FLOWERS

Flower therapy is proven to be useful in cognitive issues like memory loss, stuttering and dyslexia. They balance emotions like fear, stress and anger. The intoxicating aroma and beauty, whether in a single flower or a grand bouquet received as a present or a gift of nature on the roadside, they have the power to heal, inspire and touch our hearts.

Medicinal plants, medicinal herbs, medicinal flowers have been discovered and used in traditional medicine practices since prehistoric times. The earliest historical records of herbs are found from the Sumerian civilisation. The compounds found in plants are of many kinds, but most are in four major biochemical classes: alkaloids, glycosides, polyphenols, and terpenes

In many countries, there is little regulation of traditional medicine, but the **World Health Organization** coordinates a network to encourage safe and rational usage. □ Traditional Indian medicine (**Ayurveda**) is becoming increasingly popular, with many chronic conditions responding to it well. Flowers and fruits are used for medicinal purpose in Ayurveda as an alternative medicine for treatment of diseases. Most patients have begun to take conventional medications as soon as their diagnoses are made, so Ayurvedic treatments are usually undergone alongside and/or after conventional medical approaches. From small day to day aid or for more substantial ailments, medicinal flowers can provide powerful help or cures



“He who has health has hope; and he who has hope has everything”
Ocrona srodowiska –Environmental protection