



Lachha Paratha

2.1 Lachha Paratha: It is a multi layered shallow fried flat bread made of white flour etc. It is famous in North India and is known as the Malabar Paratha in Kerala. The speciality in making lies in the beating of the dough to get the multi layers which perfectly can be seen on the shallow fried Indian bread or paratha.



Mooli paratha

2.2 Mooli Paratha: It is basically a paratha or Indian bread dough which is stuffed with Mooli or raddish popular dish in Punjab and in general Northern states. The flavor is obtained by adding raw grated raddish to the dough and then rolling the dough into round shaped parathas and shallow frying them.