



Namak Para

4.1 Namak Para: It is a crispy snack made by deep frying maida or white flour along with semolina and mixed using ghee to give flavor. The choice of cummins, haldi, chilli powder, salt to taste etc is left to individual taste and then deep fried in oil. It is then stored in air tight containers and can be enjoyed as snacks inbetween meals or coffee time with pickle , curd etc. left to one's choice.



4.2 Sabudana Vada: It is known by different names in different states like jawarasi vadai, sago vada, sagubiyam vadalu etc . It forms a sumptuous dish during fasting and festivals across India. The sabudana or sago needs to be soaked until it is soft and the ingredients to be used is individuals taste like red chilly powder, coriander etc and deep fried and eaten with spicy green chutney.